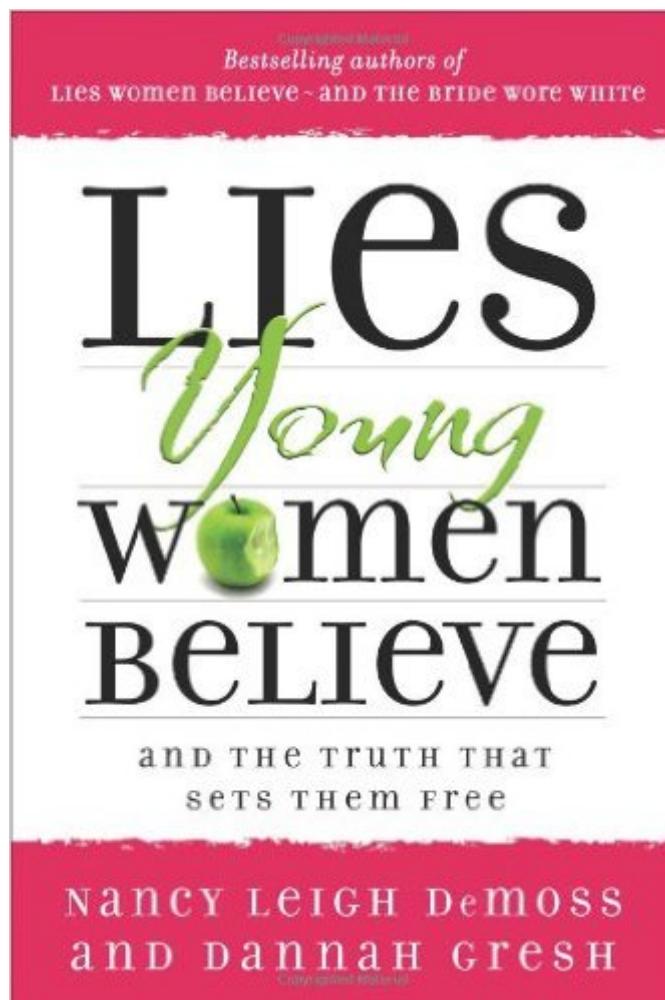


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# Lies Young Women Believe: And The Truth That Sets Them Free



## **Synopsis**

You have been lied to! Have you been deceived? Through a nationwide survey and in-depth discussion groups, Nancy and Dannah have listened carefully to the heart of your generation. And here are some things they've heard: "I know God should be the only thing that satisfies, but if it could be Him and my friends, then I could be happy." "It seems like I have been struggling with depression forever. I always feel like I am not good enough." "I tell myself that I don't really listen to the song lyrics, but once I hear a song a few times and start thinking about what they're saying I realize that it's too late." "It's already stuck in my head." "For me, the whole wife and mom thing is overrated. It isn't cool to want a husband and a family." "Maybe you can identify. Trying to listen to the right voices can be difficult. This book has been written by friends who will help you find the Truth. Maybe your heart is telling you that some things in your life are way off course. Certain habits and relationships have left you confused and lonely. This is not the way it's supposed to be." In this book, Nancy and Dannah expose 25 of the lies most commonly believed by your generation. They share real-life accounts from some of the young women they interviewed, along with honest stories about how they've overcome lies they believed themselves. They get down in the trenches of the battle with you. Best of all, they'll show you how to be set free by the Truth.

## **Book Information**

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## **Customer Reviews**

Before I mention all the problems with this book, let me first say that the authors do say some things young girls need to hear. Appearance, behavior, relationships, etc. are all addressed and the

authors try to say some pointed things that young girls need to be hearing from their parents or adults involved in their lives. I think that is why this book is popular--no one really wants to say the hard things to the young girls in their lives. The problem I have with the book is the whole premise. That we need to introduce the lie or "deception" first, with some stories that I believe are included for shock value, in order to then teach the truth is damaging. Young girls are easily led astray. When something is in print, they don't usually take the time to analyze it, they just believe it. For instance, the first story in the book is about a girl who gets involved with drugs when her father offered them to her and then proceeds to have an incestuous relationship with her father. Hmmm....whatever is true, whatever is noble, whatever is right, pure, lovely...think on these things. Do our young girls really need to hear this story? Lets analyze the story itself. It begins with "her life was almost a fairytale until that day". Are young girls really going to analyze that statement? That a girl with such a father could not possibly have had a fairytale life up until that point does not occur to most teens. Do the authors point out that lie? No. The authors also state that "her own church-going father offered her crystal meth". Now another idea has been planted. A young girl from a Christian home may begin to wonder if her own church going father will some day change in this drastic way depicted here. Scary thought.

Following the success of *Lies Women Believe*, author Nancy Leigh DeMoss joined forces with Dannah Gresh, author of *And the Bride Wore White* and co-founder of Pure Freedom, a ministry equipping men and women of all ages to a vibrant life of purity, to create *Lies Young Women Believe and the Truth that Sets Them Free* (LYWB). To research this generation of young women, DeMoss and Gresh spoke to more than 1,000 teen girls in ten different cities across the United States. Each young woman participated in a survey. But some 100 girls participated in an informal, two-hour discussion group. The survey results and discussions provided the foundation for the book's 25 most commonly believed lies among young women. DeMoss and Gresh identified 25 lies and grouped them into 12 categories: lies about God, lies about Satan, lies about myself, lies about guys, lies about relationships, lies about my faith, lies about sin, lies about media, and lies about the future. Following an explanation of the first deception in the Garden of Eden, DeMoss and Gresh teach about the nature of deception and how a young woman can know when she believes a lie. The remedy is a relentless pursuit of the Truth, Jesus Christ. "It's not enough to know that the source of lies is Satan or even to realize how you have cooperated with him to empower lies. You've got to become familiar and saturated with Truth...Jesus Himself said, 'I am the way, and the Truth, and the life' (John 14:6). He is the definition of Truth. He is the perfect standard; He determines what is right

and good and true. Jesus reveals the Truth to us. He does this through the written Word of God - the Bible! In fact, 'the Word,' is actually one of Jesus' names (John 1:14).

As the authors of this book, Nancy DeMoss and Dannah Gresh attempt to expose 25 lies that Satan uses to deceive teenage girls, and to replace those lies with God's truth. The heart of the book consists of nine chapters which claim to represent the devil's lies to young women about God, Satan, girls, guys, relationships, faith, sin, the media, and the future. The authors identified these lies from a survey questioning 1,000 adolescent girls located in ten different cities; the survey itself was initially developed from a discussion with a focus group of 100 girls. The final three chapters of the book discuss how God's truth can be used to overcome these lies. I like the premise of what the authors were intending to accomplish with this book, but I have two major concerns. The first problem is that of the 25 un-Godly beliefs, I can wholeheartedly stand behind the spiritual antidote to only 14 of them, whereas the remaining 11 present problems. For example, lie #10 is "It's OK to go out with a non-Christian". An explanation follows with a quote from 2 Corinthians 6:14-18, which I am fine with, but this is followed up with the statement, "Not only does God want you to marry a Christian; He wants you to marry a man who will lead you spiritually." I might agree that is ideal, but is that what God requires in His Word? In this book, there seem to be numerous examples of "truth" that extends beyond what the Scripture teaches. In lie #11, girls are told to avoid glancing at provocative marketing posters at the mall; in #12, they are instructed to "compile a list of books and movies that don't fuel (thoughts of) romance", and in #13, they are admonished "not to talk about menstruation with guys". Conversely, there are also examples where "truth" seems be lacking or absent.

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